



Intensive training camp prepares Paris Saint-Germain Handball Club for the New Season



For the third consecutive year, Aspire Zone Foundation hosts the hugely successful Paris Saint-Germain (PSG) Handball Club for intensive pre-season training camps building on the success of previous camps. Qatar-owned team is widely regarded as one of the world's strongest handball teams, and is the top-ranking team in Division 1 of the French Ligue Nationale de Handball (LNH).

Elite Training Camp Facilities:

The camp, which was held from July 27 to August 3, was organised across a number of Aspire Zone's state-of-the-art facilities before the 2015 - 2016 season, which will resume in September. The team received high standard services and support provided by Aspire Logistics which serve to fulfil the requirements of the training programme allowing athletes to achieve their full potential.

Aspire Zone is a unique sport, sports medicine, research and education destination for the international sports industry. For the past three years, Aspire Zone has hosted the renowned team, providing its facilities for their training routine, in addition to the highest standards of services provided by Aspire Logistics. AL's team of experts supported the team with all aspects that contributed to the overall success of their training camp. Services range from pre-camp planning, visa application assistance, fulfilling the team's program requirements as well as providing daily on ground assistance throughout the duration of the camp.

"We are really lucky to have been able to take advantage of Aspire Zone. The organization has everything you could possibly need: an indoor football pitch, handball and basketball courts, an athletics track, a weights room, an Olympic-sized pool."

Samuel Honrubia - top scorer for the team

“I had heard about the Aspire Dome before coming to Qatar, and I have to admit, it’s impressive.”

William Accambray - the best left back of the 2013 French Championship

The intensive training camp was especially designed to help the team prepare physically and mentally for the new season with daily practice combining work-outs, cardio and training sessions. During their time, the team stayed at Aspire’s very own hotel, The Torch-Doha, and enjoying its world-class hospitality services and facilities as well as eliminating excessive commuting times.

“We are thrilled to be returning to Aspire to train for the third consecutive year. Our experience has once again been excellent. The state-of-the-art facilities are superb. Everything an athlete could need, from access to training grounds, accommodation and medical care is provided for, all in one place. Aspire Zone truly is an incredible sports destination, and it is a great pleasure to train here. We would like to thank Aspire Zone for hosting us again, and look forward to returning in the future”.

Daniel Narcisse - captain of PSG

Outstanding Performance:

Paris Saint-Germain Handball’s 2014/2015 season was one of the most exciting to date; battling for the top spot in the D1 against Montpellier, Paris seized their second ever French Championship title following an exciting finish. The team raised the trophy on the last day of the season, after a win against Tremblay alongside the French Cup and Champions Cup that they had won after beating Nantes and Dunkerque respectively.

AT A GLANCE

- *Dates: 27 July – 3 August 2015*
- *Numbers: 33 persons (16 players / 17 staff)*
- *Services: Accommodation (Torch), training court, swimming pool, gym, water, transport, training equipment, ice, visas*
- *Performance: French Champions in 2015*